

SAULT AREA PUBLIC SCHOOLS FALL/WINTER ELEMENTARY LUNCH MENU

Office of Food Service * 904 Marquette Ave., Sault Ste. Marie, MI 49783
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Sault Area Public Schools Office of Food Service has a three week cycle menu for lunch. Breakfast is served daily in each building. The colors on the calendar indicate each week's cycle menu. Skim Chocolate and 1% White Milk is served with every meal. Menu is subject to change without notice.

| Cycle Week 1 | Cycle Week 2 | Cycle Week 3 |
|---|--|--|
| <p>Monday Mac & Cheese WG Dinner Roll Green Beans Fresh Apple</p> <p>Tuesday Hamburger WG Bun Hash Brown Patty Sliced Peaches</p> <p>Wednesday Chicken Drumstick Mashed Potatoes Orange Wedges WG Dinner Roll</p> <p>Thursday Beef, Cheese & Bean Burrito Steamed Corn Banana</p> <p>Friday Hot dog w/WG Bun Baked Beans Baby Carrots Fresh Grapes</p> | <p>Monday Meat Ball Sub on WG Bun Fresh Baby Carrots Fresh Watermelon or Cantaloupe</p> <p>Tuesday Bosco Sticks w/Dipping sauce Steamed Corn Fresh Pears</p> <p>Wednesday WG Chicken Chunks Mashed Potatoes Fresh Veggies Banana</p> <p>Thursday Beef Nachos Refried Beans Lettuce & Tomato Orange Wedges</p> <p>Friday Mini Corn Dogs Steamed Carrots Raspberry Fruit Slushy</p> | <p>Monday Mac & Cheese WG Dinner Roll Steamed Broccoli Mandarin Oranges</p> <p>Tuesday Cinnamon Glazed French Toast Sticks Strawberry Yogurt Baby Carrots 100% Juice</p> <p>Wednesday B.B.Q Chicken Drumstick Mashed Potatoes Banana Bug Bites</p> <p>Thursday Pepperoni French Bread Pizza Fresh Broccoli Chilled Pineapple</p> <p>Friday Chicken Patty On a WG Bun Baked Beans Sliced Peaches</p> |

| Elementary Meal Prices | |
|--------------------------|---------------|
| Lunch | \$2.80 |
| Reduced Lunch | \$.40 |
| Adult Lunch | \$4.00 |
| Breakfast | \$1.95 |
| Reduced Breakfast | \$.30 |
| Adult Breakfast | \$2.50 |
| Milk or Juice | \$.70 |

**ALERT!
IMPORTANT
INFORMATION**

**DISTRICT MEAL
CHARGE POLICIES AND
PROCEDURES**

**The Meal Charge Policies
and Procedures have been
mailed to each family in
the district. They are also
available on the district
website:
<http://saultschools.org>**

**FREE & REDUCED MEAL
APPLICATIONS!**

**A NEW APPLICATION MUST
BE SUBMITTED EACH YEAR
TO RECEIVE BENEFITS.**

APPLY ONLINE!



LunchApp.com
powered by Meal Magic Suite

**Free & Reduced applications can be
submitted anytime during the school
year as the need arises. Determining
your eligibility is easy and will be han-
dled with confidentiality and respect.**

**Families that qualify for free or re-
duced meals are eligible to receive a
nutritious breakfast, lunch or both
everyday.**

Want to get your engine going?



Eat Fruits and Veggies!

| M | T | W | T | F |
|-----------------------|----|----|----|----|
| September 2018 | | | | |
| * | 4 | 5 | 6 | 7 |
| 10 | 11 | 12 | 13 | 14 |
| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | 28 |
| October 2018 | | | | |
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | | | | |
| November 2018 | | | | |
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | * | * |
| 26 | 27 | 28 | 29 | 30 |
| December 2018 | | | | |
| 3 | 4 | 5 | 6 | 7 |
| 10 | 11 | 12 | 13 | 14 |
| 17 | 18 | 19 | 20 | 21 |

BREAKFAST IS IMPORTANT

Eat Breakfast at School! Breakfast is available before school in each building's cafeteria. School breakfast helps students be more alert so they can learn more in class. Breakfast is a great way to gain vitamins and nutrients for a strong and healthy body. Breakfast is affordable too! A family qualifying for free or reduced priced lunch receives the same benefits for breakfast. Help your child start the day off right with school breakfast.

Menus are available online at <http://saultschools.org> under Departments, then click Food Service.

IMPORTANT REMINDER!!!!

**Pease remember, it is your
responsibility to make
certain your child has
money in his/her lunch
account!**

**Prepay for School Meals Online
www.payforit.net**

Assorted fresh fruits and vegetables, (which may include broccoli, carrots, celery, garbanzo beans and romaine salad) are offered daily in our cafeterias.

